AutAngel newsletter December 2026

Seasonal news

We'll be meeting on Saturday 12th December from 1-4pm for our usual **seasonal gathering**. There will, as usual, be nibbles and soft drinks, a chance to catch up with other members and staff, hear a bit about what we've been up to this year, and to have your say in how we do things. We're a friendly, welcoming bunch, and we'd would love to see you there, whether you're new or have been a member for years. Please note new venue. Feel free to dress festively if you'd like to! There is plenty of parking at the church.

🗓️ Saturday 12th December

⏰ 1-4pm

St Michael's Church Hall, Routh Lane (off The Meadway), Tilehurst

WhatThreeWords: goats.trendy.cowboy

We'll also have our usual **seasonal drop-in sessions** over the festive period. All AutAngel members are welcome:

🗓️ Wednesday 23rd December

🗓️ Sunday 27th December

🗓️ Friday 1st January

⏰ 7-8pm

🌏 Zoom: https://us02web.zoom.us/j/88177140596 Meeting ID: 881 7714 0596

After an enjoyable **visit to Illuminate** last December, we were hoping to book tickets for this year too, but unfortunately, Illuminate won't be in Reading this year. We only realised this at the start of November (after a few weeks of wondering why the "book tickets" button wasn't live). This means that we won't be able to organise a pre-festive season trip. But rest assured that we are working on getting some social get-togethers sorted for the new year.

Craft group

With the help of a new small grant to help pay for some of our facilitation costs, the craft group has now returned to fortnightly from November – see dates below.

Book group

Our book group meets monthly online, with Sarah facilitating. All members are welcome to come along. You don't have to have finished (or even started!) the book/s being discussed.

December book: When We Were Orphans by Kazuo Ishiguro

D&D

Thanks to all who took part in our online D&D sessions this year – we hope you enjoyed them. These have finished – at least for now. We'd like to thank Jessie for giving up her time both to prepare and to run the group over the past few months.

Membership fee

A gentle reminder that we have now introduced our £20 membership fee. We'd like to thank all those who have either set up a standing order or chatted with us to arrange a discount. If you have not, now is the time to do so. We'll be contacting members whom we haven't heard from over the next few weeks. As we've mentioned previously, if you need help to set up a standing order, please let us know – we'd be happy to help.

Group details for December 2026

Here's a rundown of our in-person groups for the coming month at **12A Southview Park, Marsack Street, RG4 5AF (what3words: return.speak.boring)**

In-person general peer support	Thursday 10th 19:30-21:00	Email info@autangel.org.uk
Women's peer support	Tuesday 15th19:30-21:00	Email info@autangel.org.uk
Craft group	Thursday 3rd 10:30-12:00 Thursday 17th 10:30-12:00	Email info@autangel.org.uk

Seasonal gathering	Saturday 12th 15:00-17:00	Email info@autangel.org.uk

At other venues:

Allotment group – **Bulmershe Allotments (what3words: weds.living.skirt)** (please note these are provisional dates only – please contact us if you would like to attend)	Saturday 5th 09:00-11:00 Wednesday 9th 09:00-11:00 Saturday 19th 09:00-11:00 Wednesday 23rd 09:00-11:00	Email sharon@autangel.org.uk

And our online groups:

Women's peer support	Tuesday 1st 19:00-20:00	Email info@autangel.org.uk
Young Adults peer support	Friday 13th 19:00-20:00	Email jessie@autangel.org.uk
Queer group	Tuesday 8th 19:00-20:00	Email info@autangel.org.uk
Men's group	Wednesday 16th 19:00-20:00	Email info@autangel.org.uk

Book group	Thursday 17th 19:00-20:30	Email info@autangel.org.uk
General peer support - replaced by festive drop-in (same thing, different name)	Wednesday 23rd 19:00-20:00	Email info@autangel.org.uk

We look forward to seeing you at a group soon.

Sharon, Sarah and Carrie

How you can help AutAngel

JustGiving	https://www.justgiving.com/crowdfunding/sharonsarah-perry?utm_medium=FA&utm_source=CL
Monthly donations via direct debit/standing order	The Co-operative Bank Account name – Autangel CIC Sort code – 08-92-99 Account number - 65674400
Coop Local Community Fund	Our cause page: https://membership.coop.co.uk/causes/101944 You'll need to be a Coop member to vote for us, but it's quick and easy to sign up.
Easyfundraising	Free to use, and we get cash back for your online shopping. It may seem like small amounts, but the more of us that do it, the pennies can really add up. It's also possible to get larger amounts if booking holidays or buying household items. So far, we've raised over £500! If you need help to sign up, please let us know – we're happy to go through the process with you if that helps.

Reading Community Lottery	Raise money for AutAngel, and have a chance of winning a cash prize every week.
Leave us a review on Facebook or Google	
Follow us on social media and share our posts	Bluesky Instagram Facebook
Testimonials	Would you be happy to share your feedback, either written or on video? Sharon would like quotes on how AutAngel or individual groups have helped you. Please email Sharon at sharon@autangel.org.uk with quotes, or to ask about making a short video with her.